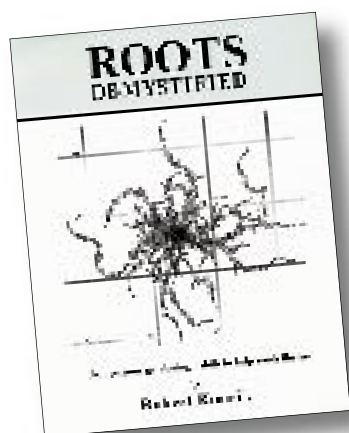


Press Release: **New Environmental Book** Autumn 2007



ROOTS DEMYSTIFIED

...Change Your Gardening Habits to Help Roots Thrive

by *Robert Kourik*

Gardeners interested in sustainability will find *Roots Demystified* an invaluable resource. Roots are the key to sustainable gardening and this book offers the key insights into the hidden world below the surface.

Roots Demystified is an outstanding compilation and a distillation of the most current information about plant roots. It contains 25 meticulous scale drawings and 70 astonishingly detailed pictures which are an education and delight in themselves. Written with wit and insight, this excellent new handbook, from the author of the acclaimed *Designing & Maintaining Your Edible Landscape Naturally*, earns a vital place on every gardener's reference shelf.

The roots described are: lawns, shrubs, vegetables, fruit trees, and native and ornamental trees. Soil fertility and irrigation are covered as well. Guidelines for how a gardener can use this information are offered with each root illustration, along with many more illustrations and discussions. In addition, there are appendices, and an index and bibliography.

The Author, Robert Kourik, has spent a lifetime studying plants, both as a professional gardener and as journalist hunting down the truth hidden in horticultural research. In this latest book, he has pulled all this together into a coherent story about the way plants and soils really interact.

Kourik has made complicated information easily accessible and this book will make everyone – both beginners and the more advanced – better gardeners.

“A rare combination of first hand observation, research, humour and the author's practicality make for a refreshingly-original look at roots.”

Joy Larkcom, author of *Grow Your Own Vegetables*

Permanent Publications is an award winning and leading publisher of sustainable living titles. Editor, Maddy Harland, was 'Specially Commended' at the Triodos Bank Women's Ethical Business Awards in 2007. She is available for further information on the book or any press or media opportunities about permaculture and sustainable living.

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